



# Family Journal

*Being Who God Created Me to **Be**:*

***Believe** God, **Belong** to God & **Become** Like Jesus*

Welcome Families!

The purpose of this Belmont Kids Family Journal is to give families a resource to use at home to regularly read the Bible, have conversation, and pray together.

Each week there are fun, short videos which correspond to this journal to get your family started for the week. These videos are made available each Sunday both on the website at <https://belmontlife.org/childrens-ministry/> and via email.

If you are interested in being added to our email list you can email us at [rward@belmontlife.org](mailto:rward@belmontlife.org) and request to be added.

You may also use the email above to request for this journal to be printed and mailed to your family, along with some of the more specific activity items. Please include your address and the number of children in your family.

In the Belmont Kids Family Journal, we have included scripture memory, game and activity ideas for each week to help families continue to grow up in Jesus together. These are simply ideas, so feel free to skip them or add more to them.

Remember the goal is for you to spend time regularly reading the Bible, having conversation and praying together as a family!

Enjoy digging into God's Word together!

# S O A P

One method of going through the Bible that we recommend to go through the Family Bible Study Journal is the SOAP Method.

## Scripture

Passages of scripture are chosen for each day, 5 days per week. Read the passage aloud with your children. Your kids can even take turns reading! Your family is also welcome to each have a notebook or sketchbook to draw, color or write as they listen to the reading as well.

## Observation

Spend some time discussing what you heard going on in the passage or story you read. Take time to notice the who, what, when, where, etc.

## Application

Based on what was happening in the passage or story, what lessons can you apply or what commands are there for you to follow that God has given.

## Pray

Pray as a family for the Lord to help you to apply what you have read about together.

# THE GOSPEL

The Gospel is the good news about Christ's birth, death on the cross, resurrection three days later, and the salvation we have from sin because of Him. Below are the most important aspects for kids to learn as they grow to trust in Christ.



## God is King

- The Bible tells us that God is creator of everyone and everything, and that we are created in His Image. He is in charge of everything!
- Psalm 86: 8-10, 15; Genesis 1: 27; Genesis 1: 1



## We Sin

- The Bible tells us that we all sin. Sin is rejecting God in the world he created by not being or doing what he requires in His law.
- Romans 5:12; 1 John 3:4; Romans 3:10-12, 23



## God Made a Way Through Jesus

- God sent His son Jesus to live a perfect life, die on the cross for our sins and rise three days later. He saved us from the punishment we deserve because we couldn't pay for it on our own. Jesus alone saves us from sin!
- Isaiah 9:6; 1 Timothy 2:5, Isaiah 53:10-11; 2 Corinthians 5:21



## We Respond to God

- You can receive the gift of grace through faith in Jesus alone by believing in His death and resurrection as a payment for your sin. Turn from your sin to Jesus, tell others about Him, and eagerly await His return!
- Ephesians 2:8-9; John 3:16-17; Romans 5:17

## VIDEO FOLLOW ALONG PAGE

### WEEK 1

### BELIEVE GOD

Directions: Follow along and fill in the blanks

1. This week we will learn how to be who God created you to be by \_\_\_\_\_.
2. Believing is not just knowing with your \_\_\_\_\_. Believing is also trusting with your \_\_\_\_\_.
3. Believing affects your \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_.
4. A parable is a simple \_\_\_\_\_ that is shared to teach a \_\_\_\_\_.
5. A \_\_\_\_\_ is a ruler of the Jewish people.
6. Nicodemus knew a lot, but he didn't \_\_\_\_\_ in Jesus.
7. The seeds were planted on different types of \_\_\_\_\_ and each had a different \_\_\_\_\_.
8. Sow means to \_\_\_\_\_!
9. Just as the word of \_\_\_\_\_ is planted on the hearts of different people, and you choose your \_\_\_\_\_.
10. We hope that your response is to \_\_\_\_\_ with your whole \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_!

## ANSWERS TO VIDEO FOLLOW ALONG PAGE

### WEEK 1

### BELIEVE GOD

1. This week we will learn how to be who God created you to be by believing God.
2. Believing is not just knowing with your mind. Believing is also trusting with your heart.
3. Believing affects your thoughts, actions and choices.
4. A parable is a simple story that is shared to teach a lesson.
5. A Pharisee is a ruler of the Jewish people.
6. Nicodemus knew a lot, but he didn't believe in Jesus.
7. The seeds were planted on a different types of land and each has a different response.
8. Sow means to plant!
9. Just as the word of God is planted on the hearts of different people, and you choose your response.
10. We hope that your response is to believe God with your whole heart, mind and strength!

## **FAMILY BIBLE STUDY**

### **WEEK 1**

#### **BELIEVE GOD**

##### **Day 1 - Matthew 9: 27-31 - The story of Jesus Healing two blind men**

- What do the men do to show their faith before Jesus heals them?
- Families can read all of Matthew 9 to read about several miracles of Jesus.
- In what ways did the people in these miracles show they believed.

##### **Day 2 - John 3: 1-18 - The story of Nicodemus**

- Nicodemus knew a lot of stuff, he was a Pharisee, a ruler of the Jewish people. But he needed to believe in Jesus or trust in Jesus as Lord.

##### **Day 3 - Matthew 13:1-23- Parable of the Sower**

- How does a plant grow? What does it need to grow? Have you ever seen a plant grow What happened?

##### **Day 4 - Mark 4: 1-9 - Parable of the Sower**

- Pick two of the locations of where the seed landed and discuss them with your kids.

##### **Day 5 - Luke 8: 5-8 - Parable of the Sower**

- Discuss the two other locations where the seeds fell and discuss them with your kids.

##### **Family Time Ideas**

- Scripture Memory - Memorize John 3:16-17 as a family. Make up a song, some hand motions or a dance to help you remember it.
- Game idea: play the typical “trust game” where the child stands about 2 feet from the parent (front to back). The child then let’s go and “falls” backward. The parent catches her by the armpits. The first few times, the child will probably want to step back to “catch” herself, but the point is to trust that the parent will catch her and keep her from falling.
- Activity idea: Take a nature walk and look at all the plants. Talk about how they grow. What around them helped them grow? Is there anything around that made it harder for them to grow?

## VIDEO FOLLOW ALONG PAGE

### WEEK 2

### BECOME LIKE JESUS

Directions: Follow along and fill in the blanks

1. We are humans and so we \_\_\_\_\_.
2. Sin is anything we \_\_\_\_\_, \_\_\_\_\_, or \_\_\_\_\_ that is not pleasing to God.
3. Jesus came from heaven as a \_\_\_\_\_, grew into a \_\_\_\_\_, died on the \_\_\_\_\_, and \_\_\_\_\_ three days later.
4. When we trust in Jesus we receive His \_\_\_\_\_.
5. The \_\_\_\_\_ helps us to become more like Jesus
6. Jesus wants us to be the \_\_\_\_\_ of the world.
7. Jesus wants us to \_\_\_\_\_ for our friends.
8. Jesus shares a very different way to be \_\_\_\_\_.
9. Jesus wants us to love \_\_\_\_\_.
10. Jesus is 100% \_\_\_\_\_ and Jesus is 100% \_\_\_\_\_!



## ANSWERS TO VIDEO FOLLOW ALONG PAGE

### WEEK 2

### BECOME LIKE JESUS

Directions: Follow along and fill in the blanks

1. We are humans so we sin.
2. Sin is anything we say, do or think that isn't pleasing to God.
3. Jesus came from heaven as a baby, grew into a man, died on the cross, and rose three days later.
4. When we trust in Jesus we receive His Holy Spirit.
5. The Holy Spirit helps us become more like Jesus.
6. Jesus wants us to be the light of the world.
7. Jesus want us to care for our friends.
8. Jesus shares a very different way to be great.
9. Jesus wants us to be loving and kind everyone!
10. Jesus is 100% God and 100% Man!

**FAMILY BIBLE STUDY**  
**WEEK 2**  
**BECOME LIKE JESUS**

**Day 1 - Matthew 5:14-16 - Light of the World**

- How can you let Jesus shine through you to others?

**Day 2 - Luke 5: 17 - 26 - Friends bring a friend to Jesus**

- These friends went to great lengths to help their friend. How can you help others day to day at school and at home?

**Day 3 - Mark 9: 33-37 - Who is greatest?**

- What makes someone great in the eyes of the Lord? Is this what the world around us looks for in someone who is considered “great”?

**Day 4 - Luke 10: 30-37**

- Who is your neighbor?

**Day 5 - John 1: 1-14 - Jesus is God & Man**

- Jesus served us stepping away from the Father and coming to earth born as a baby for our salvation! Jesus was with God in the beginning. He is God and Man!

**Family activity ideas**

- Scripture memory - Memorize John 1: 1-2 as a family. Use a song, hand motions or a dance to help it stick!
- Craft idea: Make cards or letters and send them to friends, family, public service people in your neighborhood, people in your church who haven't been able to get out or need encouragement.
- Activity idea: Consider ways you as a family can serve others this week!

## VIDEO FOLLOW ALONG PAGE

### WEEK 3

### BELONG TO GOD

Directions: *Follow along and fill in the blanks*

1. This week we are going to look at how we \_\_\_\_\_ to God.
2. Belong means to be a \_\_\_\_\_ of a group.
3. We all are created with a \_\_\_\_\_ to belong!
4. You belong to a family in your home and you belong to \_\_\_\_\_ because He created you!
5. In Luke this week, you will see three stories of things being \_\_\_\_\_ and \_\_\_\_\_ again!
6. Just like the people in these stories God \_\_\_\_\_ every time one person \_\_\_\_\_ in Jesus and joins His family.
7. This week we will also read about Jesus talking with people that don't feel like they \_\_\_\_\_.
8. Have you ever felt like you don't \_\_\_\_\_?
9. We live in a world full of \_\_\_\_\_ or things that don't please God.
10. Remember you are \_\_\_\_\_ by God and he \_\_\_\_\_ for you.

## ANSWERS TO VIDEO FOLLOW ALONG PAGE

### WEEK 3

### BELONG TO GOD

Directions: Follow along and fill in the blanks

1. This week we are going to look at how we belong to God.
2. Belong means to be a part of a group.
3. We all are created with a desire to belong!
4. You belong to a family in your home and you belong to God because He created you!
5. In Luke this week, you will see three stories of things being lost and found again!
6. Just like the people in these stories God rejoices every time one person believes in Jesus and joins His family.
7. This week we will also read about Jesus talking with people that don't feel like they belong.
8. Have you ever felt like you don't belong?
9. We live in a world full of sin or things that don't please God.
10. Remember you are created by God and he cares for you.

## FAMILY BIBLE STUDY

### WEEK 3

### BELONG TO GOD

#### Day 1 - Luke 15: 1-7 - Parable of the Lost Sheep

- When the one sheep was lost from the rest of the flock what did the shepherd do?
- God loves us just the same! Jesus is our Shepherd

#### Day 2 - Luke 15:8-10 - Parable of the Lost Coin

- What was the woman's response to losing her coin?
- What was her response when she got it back?

#### Day 3 - Luke 15: 11-32 - Parable of the Lost Son

- What did the son do? What was the father's response to his return?

#### Day 4 - John 4: 1-26 - The Woman at the Well

- What does Jesus already know about the woman? Did you know that the Lord knows everything about you?

#### Day 5 - Mark 10: 13-16 - Jesus loves Children

- Who was pushing the children away? What was Jesus' response?

#### Family activity ideas –

- Scripture memory: Memorize Matthew 22: 37-39 as a family. Use a song, hand motions or a dance to help it stick!
- Game idea: Play hide and seek with your family.
- Activity idea: Make a project of concentric circles showing many places you belong. Cut a small circle and write your name on it or have someone help you write your name on it. Cut a slightly larger circle and write "Our Home" on it. Cut a slightly larger circle and write your city on it. Cut a larger circle and write your state on it. Cut the largest circle and write God's World on it. Feel free to be creative with your circles. It's fun to see all the places we belong and that ultimately it all belongs to God.

# FAMILY JOURNAL PAGE

Use this page to write what you prayed for, prayers God answered, scripture you learned together or memories you want to remember.