

**PRAISING
GOD
IN THE
PSALMS**



Rooted Youth Bible Journal

Being Who God Created Me to Be:

Praising God Through the Psalms

Hey Rooted Youth!

The purpose of this Rooted Bible Journal is to give you a resource to use at home to regularly read your Bible, spend time praying, and have conversations others.

Each week there are fun, short videos which correspond to this journal to get your you started for the week, if you choose to check them out. There are follow along pages included in this Bible Reading Journal. The videos are geared toward families in general, so they are not youth specific, but they are made available each Sunday both on the website at <https://belmontlife.org/childrens-ministry/> .

If you are interested in being added to a youth email list to receive links and reminders by email, then you can email us at rward@belmontlife.org and request to be added.

In the Rooted Bible Reading Journal, we have included Journal space at the end of each day for you to write your thoughts or SOAP the passage. Don't worry SOAP is also explained below! Lastly, we have included scripture memory ideas for each week to help you continue to grow in Jesus.

Remember the goal is for you to spend time building a habit of regularly reading the Bible, spending time in prayer and having conversations with others in your family or friends and leaders at Rooted.

Enjoy digging into God's Word!

S O A P

One method of going through the Bible that we recommend to go through the Family Bible Study Journal is the SOAP Method.

Scripture

Passages of scripture are chosen for each day, 5 days per week. Read the passage aloud with your children. Your kids can even take turns reading! Your family is also welcome to each have a notebook or sketchbook to draw, color or write as they listen to the reading as well.

Observation

Spend some time discussing what you heard going on in the passage or story you read. Take time to notice the who, what, when, where, etc.

Application

Based on what was happening in the passage or story, what lessons can you apply or what commands are there for you to follow that God has given.

Pray

Pray as a family for the Lord to help you to apply what you have read about together.

THE GOSPEL

The Gospel is the good news about Christ's birth, death on the cross, resurrection three days later, and the salvation we have from sin because of Him. Below are the most important aspects for kids to learn as they grow to trust in Christ.



God is King

- a. The Bible tells us that God is creator of everyone and everything, and that we are created in His Image. He is in charge of everything!
- b. Psalm 86: 8-10, 15; Genesis 1: 27; Genesis 1: 1; Isaiah 40:28



2. We Sin

- a. The Bible tells us that we all sin. Sin is rejecting God in the world he created by not being or doing what he requires in His law.
- b. Romans 5:12; 1 John 3:4; Romans 3:10-12, 23



3. God Made a Way Through Jesus

- a. God sent His son Jesus to live a perfect life, die on the cross for our sins and rise three days later. He saved us from the punishment we deserve because we couldn't pay for it on our own. Jesus alone saves us from sin!
- b. Isaiah 9:6; 1 Timothy 2:5; Isaiah 53:10-11; 2 Corinthians 5:21



4. We Respond to God

- a. You can receive the gift of grace through faith in Jesus alone by believing in His death and resurrection as a payment for your sin. Turn from your sin to Jesus, tell others about Him, and eagerly await His return!
- b. Ephesians 2:8-9; John 3:16-17; Romans 5:17; Matthew 22:37

WEEK 1 – PSALM 1

Walk with the Lord

Day 1: Psalm 1

- Read Psalm 1 through 3 times. What differences do you see between the man who walks with the Lord and the wicked man?

JOURNAL

Day 2: Proverbs 1:10; Proverbs 4:14; Proverbs 21: 24; Proverbs 29:8

- What words are used to describe the man that does not follow the Lord? What warnings are given?

JOURNAL

YOUTH JOURNAL PAGE

WEEK 1: PSALM 1

Use this page to draw or write what you watched in the video, read about, prayed for, or scripture you learned. Be creative!

Day 3: Genesis 2:4- 3:24

- The Fall – Sin enters the world. Why did Eve and Adam eat the fruit?

JOURNAL

Day 4: Hebrews 2: 5-9 & 1 Corinthians 15: 1-11

- This is an example of Psalms being used in the New Testament. What is the Gospel?

JOURNAL

YOUTH JOURNAL PAGE

WEEK 2: PSALM 8

Use this page to draw or write what you watched in the video, read about, prayed for, or scripture you learned. Be creative!

YOUTH JOURNAL PAGE

WEEK 3: PSALM 19

Use this page to draw or write what you watched in the video, read about, prayed for, or scripture you learned. Be creative!

WEEK 4 – PSALM 23

Our Good Shepherd

Day 1: Psalm 23

- Read Psalm 23 through 3 times.

JOURNAL

Day 2: 1 Samuel 16-17

- Who is King David?

JOURNAL

Day 3: 2 Samuel 6

- What was David's response to the return of the ark?

JOURNAL

Day 4: John 10: 1-21

- How would a good shepherd care for his sheep? How does this show us how the Lord cares for us?

JOURNAL

YOUTH JOURNAL PAGE

WEEK 4: PSALM 23

Use this page to draw or write what you watched in the video, read about, prayed for, or scripture you learned. Be creative!

Day 3: 1 Peter 2: 1-5

- Wording from Psalms 34 is used here! Do you see it? Which verse?

JOURNAL

Day 4: Psalm 40:16

- This Psalm is about rejoicing in God when he helps us and it causes others to praise him. What should we say continually?

JOURNAL

YOUTH JOURNAL PAGE

WEEK 5: PSALM 34

Use this page to draw or write what you watched in the video, read about, prayed for, or scripture you learned. Be creative!

Day 3: Romans 11: 33-36

- Wording from Psalms 139. This reverses it a bit, how great is the mind of the Lord?

JOURNAL

Day 4: Matthew 9: 1-8

- Here Jesus is performing another miracle. But pay close attention to verse 4, why did he continue with the miracle?

JOURNAL

Day 5: Psalm 139

- Spend time in prayer as a family praising God. Ask him to search and know your heart and for you to know Him as well. Thank Him for making you beautifully and wonderfully!

JOURNAL

Scripture Memory Idea:

- Memorize all, part or a verse of Psalms 139

YOUTH JOURNAL PAGE

WEEK 6: PSALM 139

Use this page to draw or write what you watched in the video, read about, prayed for, or scripture you learned. Be creative!

YOUTH JOURNAL PAGE

WEEK 7: PSALMS 121

Use this page to draw or write what you watched in the video, read about, prayed for, or scripture you learned. Be creative!

YOUTH JOURNAL PAGE

WEEK 8: PSALMS 136

Use this page to draw or write what you watched in the video, read about, prayed for, or scripture you learned. Be creative!

YOUTH JOURNAL PAGE

WEEK 9: PSALMS 100

Use this page to draw or write what you watched in the video, read about, prayed for, or scripture you learned. Be creative!



A Resource by Belmont Kids

<https://belmontlife.org/belmont-kids/>