

## EPHESIANS STUDY GUIDE

It is our desire in 2021 to see every person at Belmont faithfully immersing themselves in God's Word and growing in Christ as a result. Please consider using the plan below for the first 8 weeks of the year. Most weeks have just 5 or 6 readings so you get a catch up day each week. Use the SOAP Bible Study method that is explained on the back. If you stick with it you will have written out the entire book of Ephesians and studied every line. May God richly bless you in your studies!

### Week 1

- Ephesians 1:1-2
- Ephesians 1:3-6
- Ephesians 1:7-10
- Ephesians 1:11-14
- Ephesians 1:15-19
- Ephesians 1:19-23

### Week 2

- Ephesians 2:1-3
- Ephesians 2:4-7
- Ephesians 2:8-10
- Ephesians 2:11-13
- Ephesians 2:14-17
- Ephesians 2:18-22

### Week 3

- Ephesians 3:1-6
- Ephesians 3:7-10
- Ephesians 3:11-13
- Ephesians 3:14-19
- Ephesians 3:20-21

### Week 4

- Ephesians 4:1-3
- Ephesians 4:4-6
- Ephesians 4:7-10
- Ephesians 4:11-14
- Ephesians 4:15-16
- Ephesians 4:17-19

### Week 5

- Ephesians 4:20-24
- Ephesians 4:25
- Ephesians 4:26-27
- Ephesians 4:28
- Ephesians 4:29
- Ephesians 4:30-32

### Week 6

- Ephesians 5:1-2
- Ephesians 5:3-5
- Ephesians 5:6-10
- Ephesians 5:11-14
- Ephesians 5:15-17

### Week 7

- Ephesians 5:18-21
- Ephesians 5:22-24
- Ephesians 5:25-27
- Ephesians 5:28-30
- Ephesians 5:31-33

### Week 8

- Ephesians 6:1-3
- Ephesians 6:4
- Ephesians 6:5-9
- Ephesians 6:10-13
- Ephesians 6:14-18
- Ephesians 6:18-20
- Ephesians 6:21-24

# S.O.A.P. BIBLE STUDY METHOD

## **Why Study the Bible?**

The Bible is God's Word to us. It contains instructions and guidance that help us to live the life that God intends for us to live. Scripture provides us with the spiritual nourishment our faith needs to grow and mature. When we study Scripture on a daily basis we gain the wisdom to make wise choices, we are better prepared for the challenges of life and our life as a whole bears fruit.

## **How Do I Study the Bible?**

**Use the SOAP method for the next eight weeks to study through Ephesians.**

**SOAP** is an acronym that stands for **S**cripture, **O**bservation, **A**pplication, **P**rayer.

### **S=Scripture**

Read the Scripture or a passage of Scripture. Write it down in your journal. Or, when reading large passages, write down the main verse(s) of the passage that you will focus your attention upon.

### **O = Observation**

Write your observations about the passage. How would you explain the Scripture if you were teaching it to someone else? Stop and think on the Scripture. Say it out loud. Try to uncover who was the passage written to? What are some key words that stand out in this passage? Are there any other Scriptures that this passage reminds you of or makes you think about? Are there any pictures, illustrations, stories, or object lessons that come to your mind when reading this Scripture?

### **A = Application**

How does this scripture apply in your life? What does this Scripture lead me to do? Why should I do it? What will be different if I live out the truths in this Scripture?

### **P = Prayer**

Pray for God to give you understanding of how He wants to use this Scripture in your heart and life. Ask Him to help you to hear and understand His Word. Pause and listen! Ask Him to give you direction for the day, for the week, for your life.

## **What Do I Need?**

You will need just three things for the SOAP Bible Study method.

- 1. A Bible** – Starting January 1, follow the reading plan on the back of this paper.
- 2. A Journal** – so that you can write down your observation, application, and prayer during your Bible study.
- 3. Calendar/To-Do List** – as you go through your Bible Study the Holy Spirit may impress upon you something you need to do as a part of your application. Therefore, it is important to have your calendar or to-do list available to write down a particular action step.